



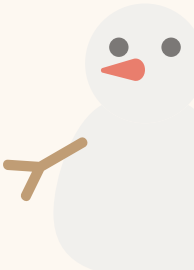
Coalition Catch-up

Welcome back to another edition of... Coalition Catch-up! Here, you will be able to read our latest Coalition news, stay up to date with all the fantastic opportunities we offer for the community and get caught up on what was discussed during the last meeting!

Upcoming Events:



- January 1st-12th, 2022- 12 Days of Self Care (via Social Media)
- January 11th, 2022 @ 12 PM- First Coalition Meeting of the New Year!
- TBD- Movie Night on Mental Health at Lewis S. Mills High School



12.8.2021

December Meeting Highlights:

For those of you who may not have made it to our December meeting, here is a summary of what we discussed!

Updates:

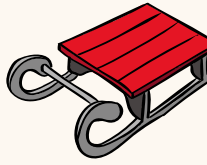
- Youth Coalition-Kya
 - Rock painting has commenced!
 - Youth Coalition Meeting on 12/15/2021
 - 50 Youth Coalition Members!!
- Community Needs Assessment has been Submitted!!! Thank you to all who participated in this process!

New Business:

- Members brainstormed strategies to increase capacity, in-person interactions are more likely to get a response.
- Members discussed a potential Senior Breakfast as an attempt to better involve the senior class at Lewis Mills.

Please feel free to join us at our next meeting for some fun ice breakers and a productive conversation about YOUR community.





Current Projects

Here's a little overview of a FEW of our MANY current projects. This section will contain updates, project summaries



12 Days of Self Care!!!

The Coalition will be conducting a social media campaign to focus on self-care after a stressful holiday season! This will begin on the first of the month, and continue to the 12th! We will focus on mindfulness, self-care, and overall wellness!

Community Strategic Plan

We are now in the process of drafting our Strategic Plan! This will serve as a blueprint for the coalition's efforts to prevent substance misuse while applying cultural competence and sustainability along the way.

Commence: Project Graduation!

We are working with Parents of LSM Students to start planning a substance free event that is held directly after graduation for seniors to help promote a fun way to celebrate four years of hard work!

Youth Coalition Update

The Region 10 Youth Coalition now has over 50 members, and we had an incredibly productive December meeting! We gathered great insight into getting the upperclassman at LSM more involved and even got some junior participants! To continue planning for potential movie nights in the future, we narrowed down the long list of over 20 movies to four! We finished painting the LSM rock to spread a message about kindness and talked about what we want to do with the youth coalition in the future! One of the most popular ideas was to allow middle schoolers to become members of the club to extend our impact in the community!