

Coalition Catch-up

Welcome back to another edition of... Coalition Catch-up! Here, you will be able to read our latest Coalition news, stay up to date with all the fantastic opportunities we offer for the community and get caught up on what was discussed during our last meeting!

Upcoming Events:

- February 8th at Noon: February Coalition Meeting
- February 8th at 6pm: Community Naloxone Training @ Harwinton EMS
- March 8th at Noon: March Coalition Meeting
- March 23rd from 1-3PM- Burlington Community QPR/Naloxone Training

1.11.2023

January Meeting Highlights:

For those of you who may not have made it to our December meeting, here is a summary of what we discussed!

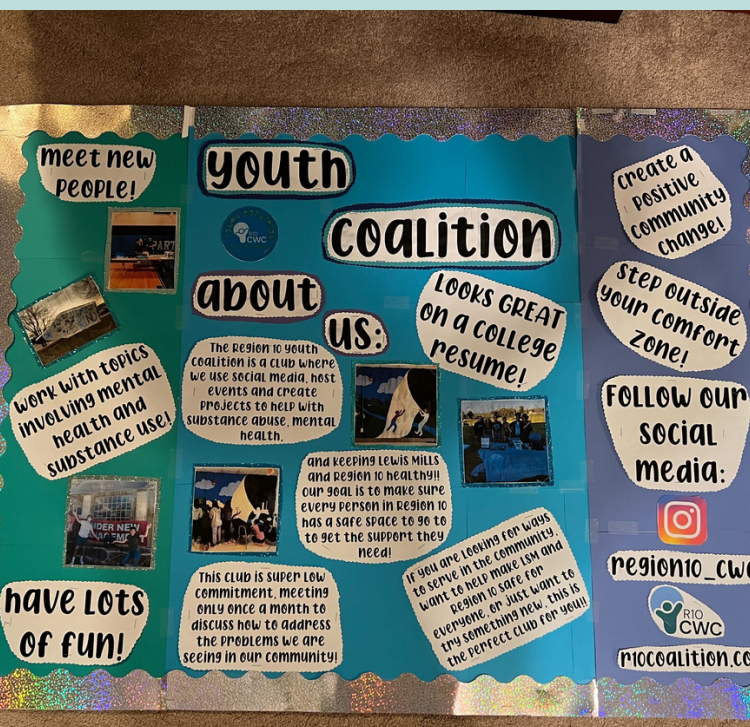
Updates:

- Youth Coalition- We had a successful night at the Lewis Mills Activity Fair for 8th graders searching for clubs to engage in! This amazing posterboard was made to inform table visitors what the Youth Coalition is!
- PCC Part B- We completed our quarterly reporting for the month of January! We are also working on a recruitment postcard to try to increase community engagement!
- LPC- The remainder of our vaping myths postcard are in the process of being mailed out!

New Business:

- With the recent legalization of cannabis, we discussed how ease of access could increase by means of friends and family.
- We showed off our new social marketing campaign material and received great feedback. We had bottle hang tags designed that remind alcohol purchasers of the consequences for social hosting! We also had stickers made in two different sizes that have a similar message as the bottle tags. We have also purchased ID guides to provide to stores as well that inform cahiers of what legitimate ID's look like in every state.

Please feel free to join us at our next meeting for some fun icebreakers and a productive conversation about how to promote wellness and substance use prevention in YOUR community.



January

Current Projects

Here's a little overview of a FEW of our MANY current projects. This section will contain updates, project summaries, and initiatives we are completing



Naloxone Trainings

We will be beginning to offer quarterly community Naloxone trainings! Our first training will be held at Harwinton Ambulance Association on Wednesday February 8th, 2023! To register please contact me via Email and we will get you added to the list! We will cover the history of opioids, signs of an overdose and how to administer Naloxone!

LSM Activity Fair

On January 12th, we attended an activity fair at Lewis Mills to show the current 8th graders at HarBur Middle School a few of the clubs that they can choose to get involved in once they enter High School! We had roughly five kids show interest in potentially joining the Youth Coalition. We had tons of swag to give out and a new poster board to show off!

Community Trainings

We have a large variety of trainings that we can offer the community or individuals. These trainings can vary on topics such as: QPR (suicide prevention), Naloxone Administration (overdose prevention), Mental Health First Aid (mental health), Hidden in Plain Sight (for parents and caregivers) and many more! Email Darian to find out more!

Youth Coalition Update



The Youth Coalition had a great January Meeting! We have just reached over 80 members! At our last meeting we had members sign up to either be a part of our mental health psa or join our new social media subcommittee which will help run the instagram! The most liked idea for the mental health psa was each member creating a short video on something that they do when they are stressed that isn't using substances! We discussed more possible topics for a mural contest. We also talked more about how to get parent involvement in the Region 10 Community Coalition and discussed moving the meeting time, including incentives as gift cards, talking to the LSM booster clubs, sending reminders about meetings in the biweekly LSM newsletters, and getting youth coalition members to talk to their parents about the coalition! We talked about a possible speaking opportunity for LSM students and our mascot has a new name ... HERB.