



Coalition Catch-up

Welcome back to another edition of... Coalition Catch-up! Here, you will be able to read our latest Coalition news, stay up to date with all the fantastic opportunities we offer for the community and get caught up on what was discussed during our last meeting!

Upcoming Events:

- April 12th from 5-7 PM- Harwinton Community QPR/Naloxone Training
- April 19th at Noon- April Coalition Meeting
- April 22nd from 9 AM- 1:30 PM National Drug Takeback Day @ Burlington Town Hall

3.8.2023

March Meeting Highlights:

For those of you who may not have made it to our March meeting, here is a summary of what we discussed!

Updates:

- PCC Part B- We have purchased branded ink stamps to give to liquor stores that match the messaging of our Social Hosting Campaign. We are excited to connect with business owners and help promote this message!
- LPC- We are working with Burlington Parks and Rec. to create a policy that will deem all parks in Burlington to be smoke-free!

New Business:

- We had a great presentation by Josh Licursi, a digital marketing specialist and prevention facilitator at McCall Behavioral Health Network, on the importance of brand consistency and brand representation.
- We also shared with the coalition the introduction video that our Youth Coalition Officers made for the Youth Voices Count Survey that was implemented this past week! So far we have a rather high response rate AND completion rate which is GREAT news! Once we get the data back we will be offering several presentations that will go more in-depth about the data we collected and how it will direct our work moving forward.

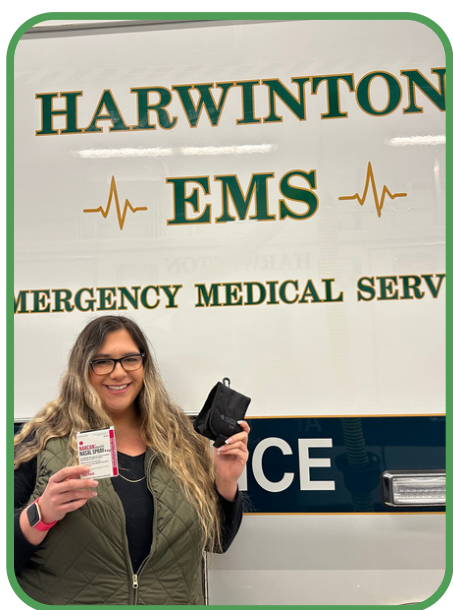
Please feel free to join us at our next meeting for some fun icebreakers and a productive conversation about how to promote wellness and substance use prevention in YOUR community.

A flyer for a 'MONTHLY VIRTUAL COALITION MEETING'. The flyer has a green and white background with a pattern of small circles. At the top left is the Region 10 Community Wellness Coalition logo. The text on the flyer includes: 'REGION 10 COMMUNITY WELLNESS COALITION', 'MONTHLY VIRTUAL COALITION MEETING', 'KEY PRESENTATION PREVENTING YOUTH GAMBLING', 'DURING THIS PRESENTATION, WE WILL DISCUSS GAMBLING AND THE DIFFERENT FORMS OF GAMBLING, BLURRED LINES BETWEEN GAMBLING AND GAMING, DATA, YOUTH-SPECIFIC RISK FACTORS/PROTECTIVE FACTORS, WARNING SIGNS, AND AVAILABLE RESOURCES.', 'WEDNESDAY APRIL 19TH 12:00 PM', 'JOIN ON ZOOM', and the URL 'HTTPS://TINYURL.COM/R10CWCMEETING'. At the bottom left, it says 'WANT TO LEARN MORE? Contact: Darian Graells Darian.Graells@mccallbhn.org'. At the bottom right, it says 'OPEN TO ALL COMMUNITY MEMBERS!'.

MARCH

Current Projects

Here's a little overview of a FEW of our MANY current projects. This section will contain updates, project summaries, and initiatives we are completing



FREE TRAINING OPPORTUNITIES!
 CHOOSE TO ATTEND BOTH TRAININGS OR PICK ONE!
 TRAININGS WILL BE HELD AT THE HARWINTON AMBULANCE ASSOCIATION!
 April 12th, 2023 5PM-7PM

QPR GATEKEEPER SUICIDE PREVENTION 🕒 From 5pm-6pm
 QPR stands for Question, Persuade, and Refer — 3 simple steps anyone can learn to help save a life from suicide. As a QPR-trained Gatekeeper you will learn to recognize the warning signs of suicide, how to offer hope, and how to refer to resources in the community to help save a life. QPR is a nationally recognized, evidence-based training that grants participants certification considered active for three years.

NALOXONE ADMINISTRATION OVERDOSE PREVENTION 🕒 From 6pm-7pm
 Participants of this training will learn:

- Overdose prevention strategies
- Brief history of Opioid Waves
- Local resources and supports
- Signs and symptoms of an overdose
- How to administer Naloxone
- Current protective legislation

Attendees will receive a FREE Naloxone Kit with two 4-ML doses of Naloxone.

If interested in registering for either or both trainings, contact:
 Darian Graells at darian.graells@mccallbhn.org

Naloxone Leave Behind Kits

We have submitted a press release to the Hartford Courant to share the news of our exciting initiative! We also began checking all AED's in the community for Naloxone, replacing expired kits and putting new kits at sights where there was no Naloxone! This initiative has helped strengthen community partnerships!

Social Media For Parents

We attended a great event hosted by the resident troopers of Harwinton and Burlington that helped better educate parents on the most current social media trends and how to best protect their children who utilize social media. The presentation was super informative and offered tips on what parents can do to implement increased safety for their kids on social media.

Community Trainings

We continue to focus on community education trainings. We just conducted a QPR/Naloxone Training at the Burlington Town Hall and trained 23 people on these life saving interventions. We will be offering another training on 4/12 at the Harwinton Ambulance Association! If you are interested in hosting a training please email me!

Youth Coalition Update



The Youth Coalition had an agenda packed March Meeting! We brainstormed some general themes we wanted to see posted on our social media, which our social media committee will be working on in the next few months! We also brainstormed a list of things we do to relieve stress so everybody participating in our mental health PSA has some ideas to base their videos on! We hope to have that PSA done by the end of April! We came up with some event ideas to incorporate our guest speaker we talked about a couple of months ago, and brainstormed ideas to repaint the LSM rock in May for the spring! We mentioned a senior scholarship opportunity which we hope will keep seniors engaged in the coalition even after they commit to a college, and finalized a potential mural contest theme!